





# DESCRIPTION

Balsam Fir essential oil is sourced from the northeastern part of Canada. The tree's range extends from Newfoundland and Labrador West through the more northernly portions of Quebec and Ontario. This oil is obtained from the needles and twigs of the Abies balsamea tree through steam distillation. It is a pale yellow liquid with a typical coniferous, fresh and fruity terpenic scent.

## OLFACTIVE PROFILE

Coniferous scent, sweet, and fruity.













Fresh and medicinal.

# **DETAILS**

### **Botany:**

Abies balsamea, is a small to medium-sized evergreen coniferous member of the Pinaceae family. It can reach heights between 15 to 23 meters topped with a dense crown. The twigs are smooth, the needles are arranged spirally around the sprout. Balsamea Fir is monoecious, both male and female cones occur on the top branches of the tree. It is popular as a Christmas tree for its intense and rich scent.

### Ethnobotany:

This tree is known as the Real Tree of Peace that was quoted in many historical stories from the early colonies. Native tribes made extensive use of the Balsam tree to treat a wide variety of ailments including heart disease, colds, kidney pains, rheumatic joints, and cough.

#### Uses:

Applications include fine fragrance, cosmetics, flavour/food, and aromatherapy.



## **TECHNICAL SHEET**

**Botanical name:** Abies balsamea **Botanical family:** Pinaceae

Accepted synonyms: Canada Balsam, Annedda Common names: Fir needle oil, Balsam Fir, Fir tree

Origin: Northeast Canada, Quebec

Source: Canada

Cultivation method: Cultivated and Wild harvested

Harvest period: April to October

Plant part used: Needles and twigs

Method of extraction: Steam distillation

Main components: α-Pinene, δ-3-Carene, β-Pinene, Myrcene, *I*-Bornyl acetate

**CAS:** 8024-15-5 / 85085-34-5 **INCI:** Abies balsamea needles oil

**FEMA**: 2114 **EC**: 290-370-1

**Appearance:** Pale yellow liquid with a characteristic odor

#### **Certifications and Declarations:**









- Certificate of Analysis
- SDS
- Food Grade
- Pure & Natural
- Origin Statement
- GMO-Free
- Allergen
- Prop 65

# **SOURCES**

USDA, NRCS. 2019. The PLANTS Database (<a href="http://plants.usda.gov">http://plants.usda.gov</a>, 29 January 2019). National Plant Data Team, Greensboro, NC 27401-4901 USA.

Retrieved 10-02-2018 from the Integrated Taxonomic Information System (ITIS), (http://www.itis.gov).

Native American ethnobotany, from Daniel Moerman (1998), (I.book 2014)

Field guide to Eastern Forest North America, from John Kricher (2006)

NAET Database, 2003. Native American Ethnobotany Database, Michigan, MI, USA. (http://naeb.brit.org/).

La flore Laurentienne, Marie Victorin (2002)

Field guide to Eastern trees, from Georges A. Petrides (1998)

Retrieved from the integrated taxonomic Information system

